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Capstone Project Summer 2020
UCLA Extention Landscape Architecture Program
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Personal Statement

Having lived in Echo Park for nearly 15 years I was lucky enough that I lived within walking distance to Elysian park. I always felt so lucky to have access to that open space in the middle of the city. There were many different reasons to venture along the trail there. Sometimes I would go to contemplate, meet a friend for a hike, use the trail as an exercise routine, and, I remember gathering on one of the grassy knolls there with many friends after 911. For me, I see open natural spaces as a valuable opportunity to connect either with yourself, friends, or nature.

Acknowledgments:

Special thanks to Elva Yanez who led a grass roots campaign against developers to save Elephant Hill from being bulldozed into luxury homes. Thank you for taking the time to tell me your story.

Also to Brian Baldauf of the Mountains Recreation and Conservation Authority who provided me with information and insight into the project.



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STATEMENT

This project will transform Elephant Hill, an underdeveloped and neglected natural area, into a passive recreational park through the use of landscape architectural and restoration

principles. The proposed park will provide opportunities for connection and recreation, and will also re-establish a more native landscape that will reduce erosion and fire risk, and provide wildlife habitat.





JUSTIFICATION

Elephant Hill is one of the largest underdeveloped natural areas remaining in Northeast Los Angeles. It covers 110 acres of open, steep hillside and presents an opportunity to be preserved. It is surrounded by a neighborhood of single family homes in the community of El Sereno.

Proposed housing developments on EH have been fought and opposed by the local community for decades in order to protect it as open space. In 2008, after a long battle between the community and developers, the City of Los Angeles aquired 20 acres of Elephant Hill to be zoned as open space.

As part of the city's general plan for open space, the community can:

- Provide opportunities for recreation and education;
- Preserve scenic, cultural or historic values;
- Conserve or preserve natural resources or ecologically important areas;
- Provide or preserve lands for managed production of natural resources;
- Protect or provide for the public health and safety;
- Enhance the economic base of the City;
- Preserve or create community scale identity; and
- Buffer or define activity areas.

Limited amounts of open space where people can

experience the outdoors and nature are becoming more precious and valuable for people in growing cities and many times these natural open spaces become the primary connection people have with nature. Development in urban regions has grown at a steady rate of 13% every year since 2000 (Pew Research Center).

Creating a passive recreational open space park on EH would give people the access and opportunity for better physical health. It would allow access to hiking, biking and exercise. Studies have shown that nature reduces stress and promotes relaxation. Living near a



park, especially a park that has many natural features, improves people's mental health. Trees and greenery in neighborhoods keep the temperature cooler while areas of concrete and buildings heat up. Open space also maintains and supports wildlife habitat. Preserved open spaces also strengthens local economies by attracting businesses and residents.

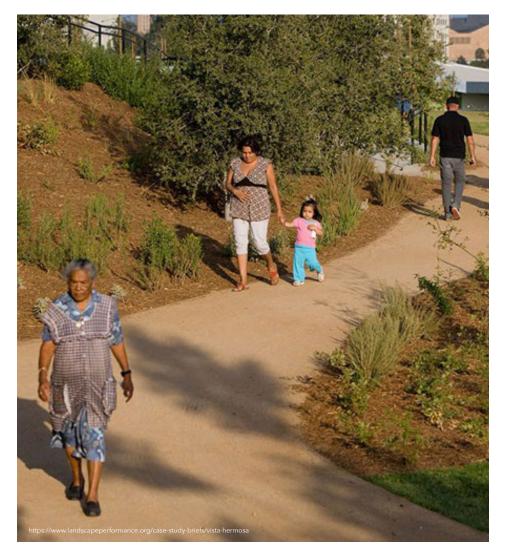
Ecologically, Elephant Hill "exhibits a high degree of disturbance generally, but nonetheless support a relict natural community which has been widely lost in the region, including globally-rare species and habitats" -(Ecological Assessment of Northeast Los Angeles Open Space by Dan Cooper)

The importance of restoring and preserving the disturbed ecosystems of EH would be restoring wildlife populations, mitigating climate change through carbon sequestration, helping threatened and endangered species, improving the aesthetics of the site, protecting biodiversity, enhancing water and air quality, and decreasing storm water run-off.

Based on the Los Angeles County-wide Comprehensive Park & Recreation Needs Assessment, prior to the aquisition of this park, in the area around EH, there is 0.91 park acres per 1,000 people available to residents. The average for the county is 3.3. In the same study, EH was rated as having poor infrastructure.

According to Trust for Public Land, Los Angeles' "park

score" ranks 74th out of 100 major cities in the U.S. The score is based on park acres, facilities and investment, and resident access to local parks. Los Angeles has a median of 3.3 acres of park space per 1,000 people, well below the median of 6.8 acres per 1,000 people in other high-density U.S. cities.



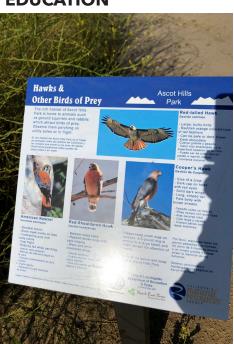
GOALS AND OBJECTIVES:

- 1. Create a Passive Regional Open Space that is **safe** and **accessible**.
 - Develop trails on Elephant Hill in order to make the site walkable and accessible.
 - Develop a park environment that people feel **safe** to be in by providing wayfinding devices and **signage**, informing visitors of the site, it's **history**, and the importance of its **wildlife** community.
- 2. **Restore** and **preserve** Elephant Hill, one of the last and largest natural areas in northeast Los Angeles.
 - Restoring and enhancing sustainable plant communities on the site such as coastal sage scrub and walnut
 woodland in order to keep intact the wild nature people can enjoy and experience.
- 3. To create a **sustainable** environment that connects people to the natural world.
 - Provide **education** and **recreation** for the people in the surrounding communities while also incorporating protection and **preservation** of **wildlife habitat**





EDUCATION



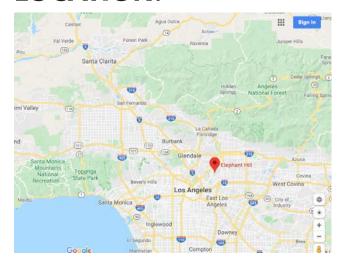
NATIVE PLANTS



WILDLIFE



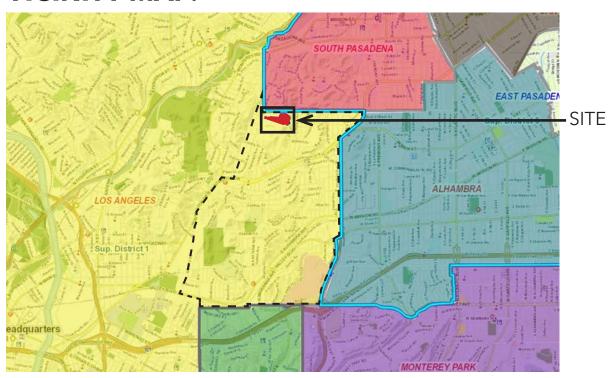
LOCATION:



5 miles —

Elephant Hill is located 7 miles Northeast of downtown Los Angeles in the 4.1 square mile community of El Sereno.

VICINITY MAP:

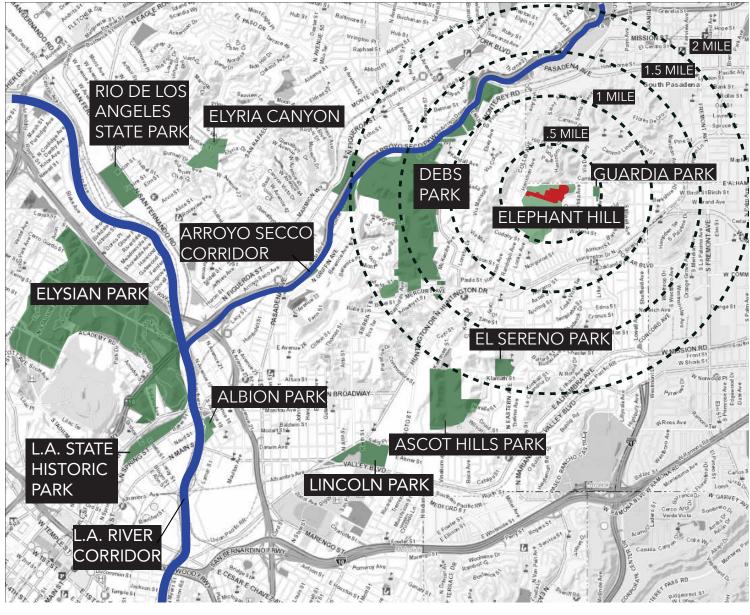




Neighboring communities:

Alhambra, Boyle Heights, East Los Angeles, Lincoln Heights, Montecito Heights, Monterey Park and South Pasadena. Council District 14 (Los Angeles)

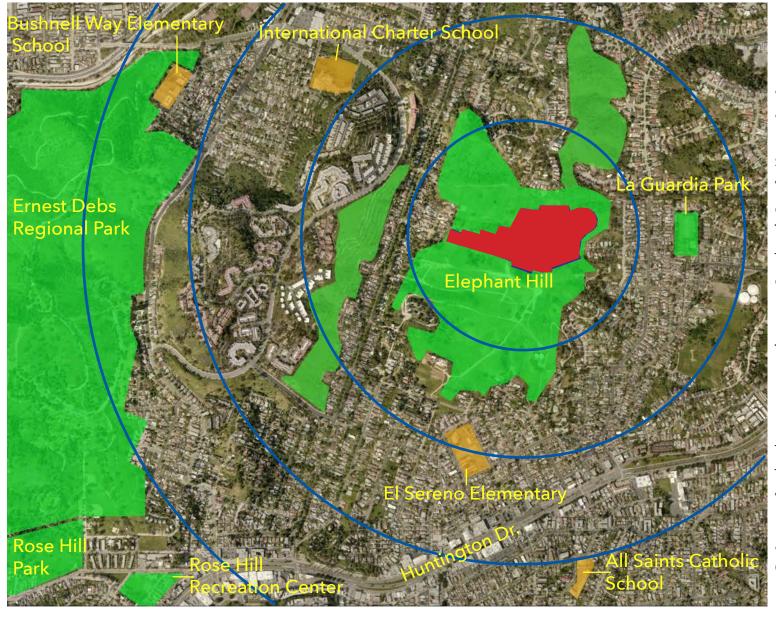
ADJACENT WILDLIFE CORRIDORS



Elephant Hill lies approximately one mile southeast of the Arroyo Seco watershed. The watershed extends from the Angeles National Forest in the San Gabriel mountains until it connects with the Los Angeles River. Both the Arroyo Seco corridor and the L.A. River corridor are major areas that support wildlife habitat and provide food and shelter for native and migrating birds of the Pacific Flyway. All this is being threatened by habitat loss, water shortages, diminishing food sources, and cllimate change.



ADJACENT SCHOOLS AND PARKS



Nearby open space parks such as Debs Park (which is host to an audubon center), and Ascot Hills Park are planting native plants to support the biodiverse wildlife habitat that exists in these areas. This will also reduce the risk of wildfires, and create a more climateresistant community.

The restoration and preservation of Elephant Hill would become another fragment of open space that would support wildlife habitat and increase the biodiversity along the Arroyo Seco Corridor.













MAP OF SITE



Many of the parcels that make up Elephant Hill are still privatly owned. For the project site, I propose to utilize 5 acres owned by the Mountans Recreation and Conservation Authority, combined with 15 acres that are zoned as L.A. City open space. The combination of the 2 areas will make up the boundary of the site for this project.

PROJECT SITE BOUNDARY

USERS

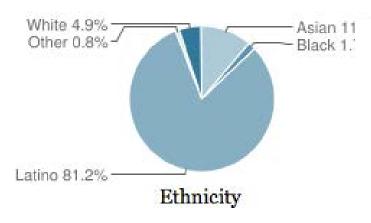
El Sereno has a population of 48,000 people

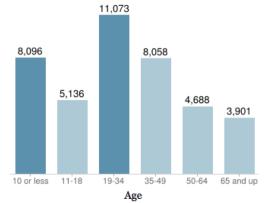
Median House Hold Income is \$50,000

Median Age - 34

Families, Couples, Children, Adults, Single People, Hikers, Bikers, Bird Watchers, Nature Enthusiasts. 359 Students from El Sereno Elementary school

Stakeholders: Mountains Recreation Conservation Authority and the City of Los Angeles





Kids 10 and under as well as adults 18-34 make up 30% of the population in El Sereno. These would be the biggest users of the park.







ACTIVITIES

Hiking



Jogging



Education



Picnic/Respite



Bird Watching



Play



Biking



ELEMENTS

- Flexible space for outdoor use (800sq ft.)
- Play area for children 40' x 40' (1600 sq.ft.)
- Seating area(s) and benches (6'-8' long) picnic area up to 1000 2000 sq.ft.
- Trash Receptacles (3'tall)

- Bioswales (dry creek) storm water management
- Viewing areas along vistas (300-400sq. ft.)
- Nature center (3000 sq ft.)
- Signage with information about the site. Educational as well as informative
- Trails to serve bikers/hikers 8' 15'

DESIGN METHODOLOGY

Restoration Principles

- Assess the site.
 - -What are current conditions of the site?
 - -What is causing disturbance?
 - -Identify methods for reversing the disturbance

• Remove sources of disturbance.

- -Remove toxic materials, causes of erosion
- -Eradicate invasive species

• Restore vegetation.

-Re-vegetation or seeding of a site using native species suited to local environmental conditions.

Monitor and maintain.

-Monitoring the site is critical to determine whether goals are being met. Ideally, restoration projects will eventually hope to achieve a self-sustaining ecosystem Elephant hill, is covered with invasive non-native annual grasses that have taken over the hill. These non-native invasive species are highly flammable and have shallow rooting systems which lead to erosion control problems for the slopes. Previous discing fuel management practices by the city of Los Angeles have led to a highly disturbed soil. As a result of repeated discing and the lack of native plants with their deep roots to stabilize the soil, the slopes on EH have become highly erosive.

"Ecological restoration, when implemented effectively and sustainably, contributes to protecting biodiversity; improving human health and wellbeing; increasing food and water security; delivering goods, services, and economic prosperity; and supporting climate change mitigation, resilience, and adaptation "-The Society for Ecological Restoration





DESIGN METHODOLOGY

Best Practices guiding trail alignment and design: (Alta Planning + Design)

Successful trails are well designed and remain functional with little ongoing maintenance. A well built trail will be influenced by principles such as:

- Trail Geometry (steepness and orientation)
- Drainage Provisions
- Geology and Soils
- Intended Use

Grade: Sustainable trails should have a sustained gradient of 12% or less with only short segments that reach 15%-20%. For bike trails, 15% grades are difficult to travel uphill.

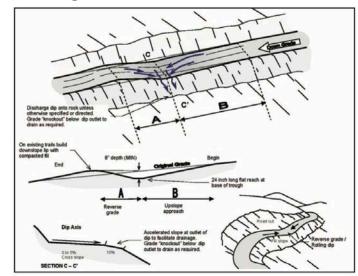
Fall-Line Orientation: A trail should avoid a fall line orientation - a route that drops directly down the hillside. This is the path that water will flow. Trails should have a gradient no steeper than 1/2 the side-slope gradient.

Drainage: Natural drainage patterns are one if the most important elements to keep a trail sustainable. Drain dips should be developed along the trail every 100' - 175'. This will prevent water accumulation and erosion along the trail.

Switchbacks: Trails should be developed to avoid or minimize the use of switchbacks. People often cut the switchback leading to erosion problems. An area that requires a switchback should use a wide, broad turn that should be made around vegetation to block the visibility of the two legs of trail.

Swales and Valley Bottoms: This is where water will drain. Trails will get muddy and decay. These areas should be avoided.

OHV Use Prevention: Trails should avoid aligning with OHV trails. Vehicles can damage hiking and biking trails. Hiking and bike trails should discourage encroachment of vehicles by utilizing barriers and trail width if necessary.



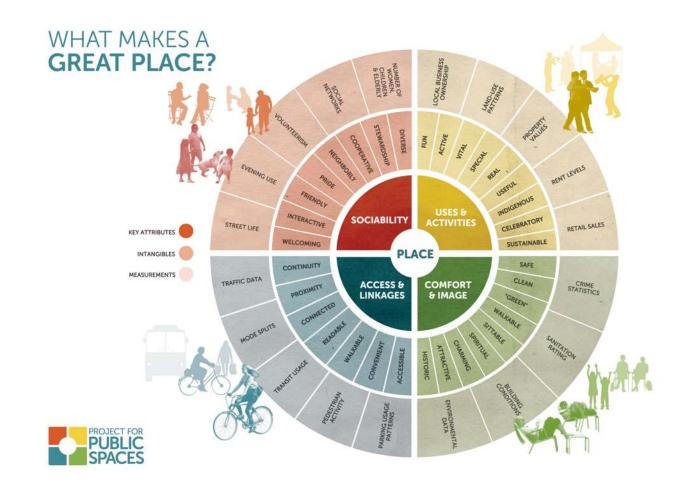
(Alta Planning + Design)

DESIGN METHODOLOGY

Project for Public Spaces

PPS has found that successful places generally share the following four qualities:

- The space is accessable and connects to its surroundings.
- People are engaged in activities there. These are the reasons why people vist the space in the first place.
- The space is comfortable and has a good image. This includes perceptions about safety and cleanliness.
- It is a sociable place: one where people meet each other and take people when they come to visit. When people see friends, meet and greet their neighbors, and



feel comfortable interacting with strangers, they tend to feel a stronger sense of place or attachment to their community.

CASE STUDY

Vista Hermosa Park

- Provides passive recreation in a dense working class neighborhood and access to nature and its restorative qualities.
- Features a re-created habitat in the middle of the city made up of California native riparian, and drought tolerant plants
- Provides a natural play area, a system of trails, and picnic areas.
- Sustainable features include permeable paving, drought tollerant plants, and a 30,000 gallon rain water harvesting cistern to irrigate the park.







CASE STUDY

Debs Park and Audubon Center

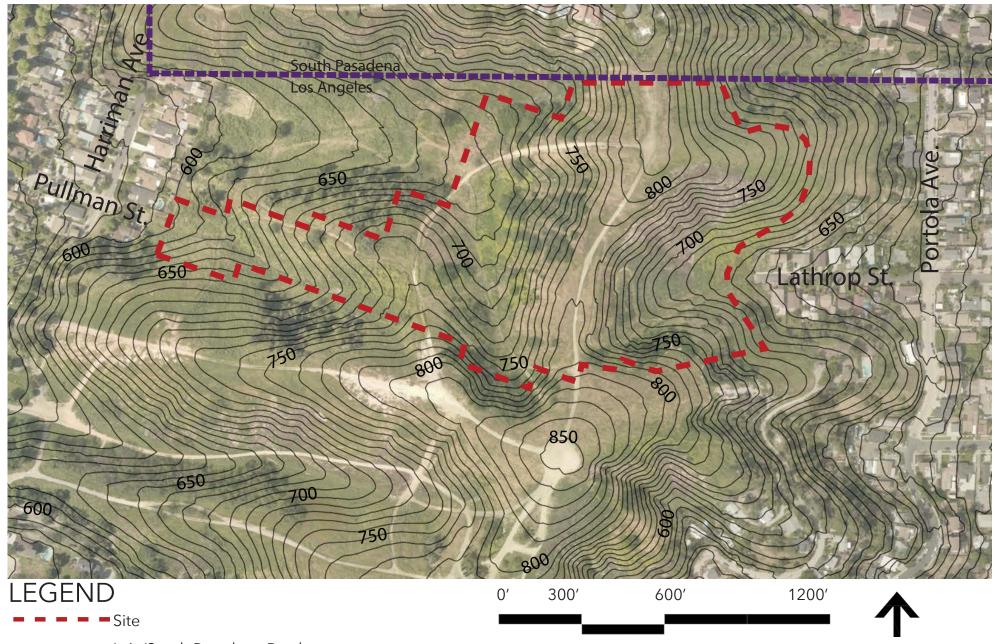
- Resgional park that provides educational and volunteer activities for the community.
- Serves as a community hub for environmental justice and advocacy work in Los Angeles and across the Audubon network.
- Their mission is to inspire people to experience, understand and care for the local, natural world.
- Restoration of the landscape with native plants for birds and other wildlife in the park are a priority.







SITE

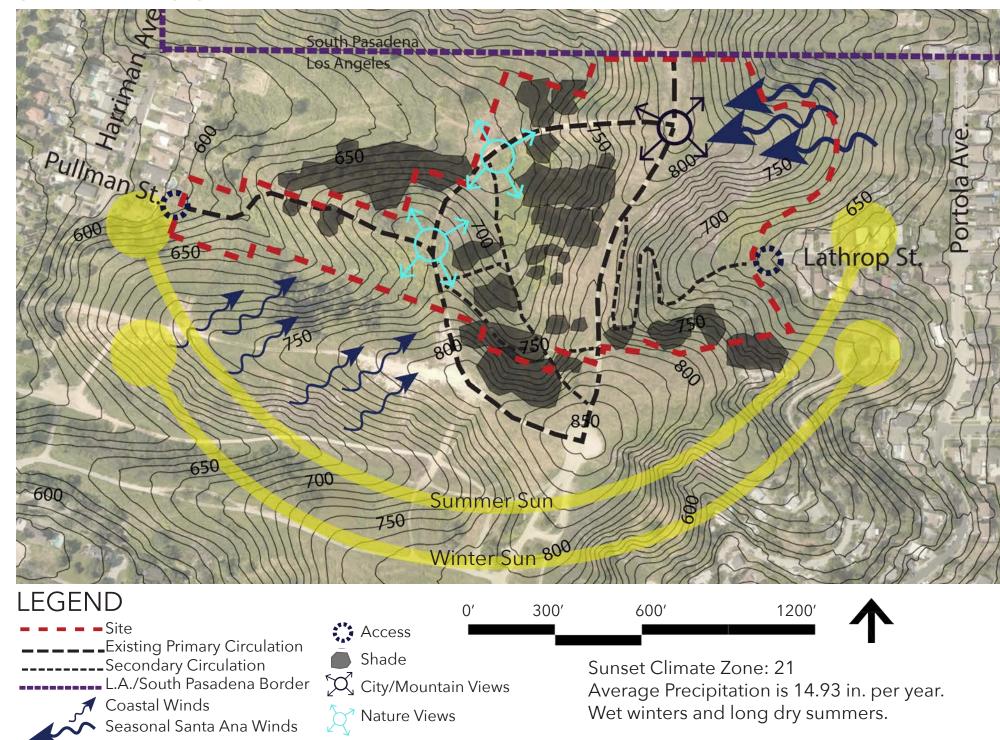


L.A./South Pasadena Border

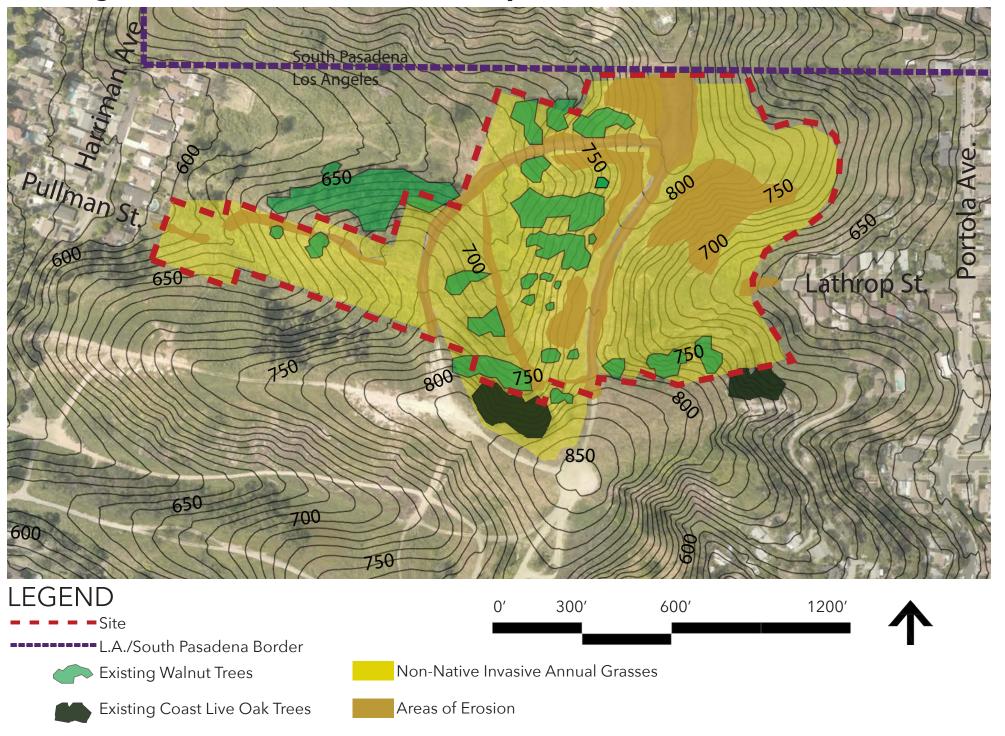
The site is 15 Acres of steep hillside and is part of the Repetto Hills that extend from Elysian Park. The site is considered an underdeveloped, disturbed, natural area.

The site connects two sides of the hill to a residential neighborhood via Pullman St. on the west and Lathrop St. on the east.

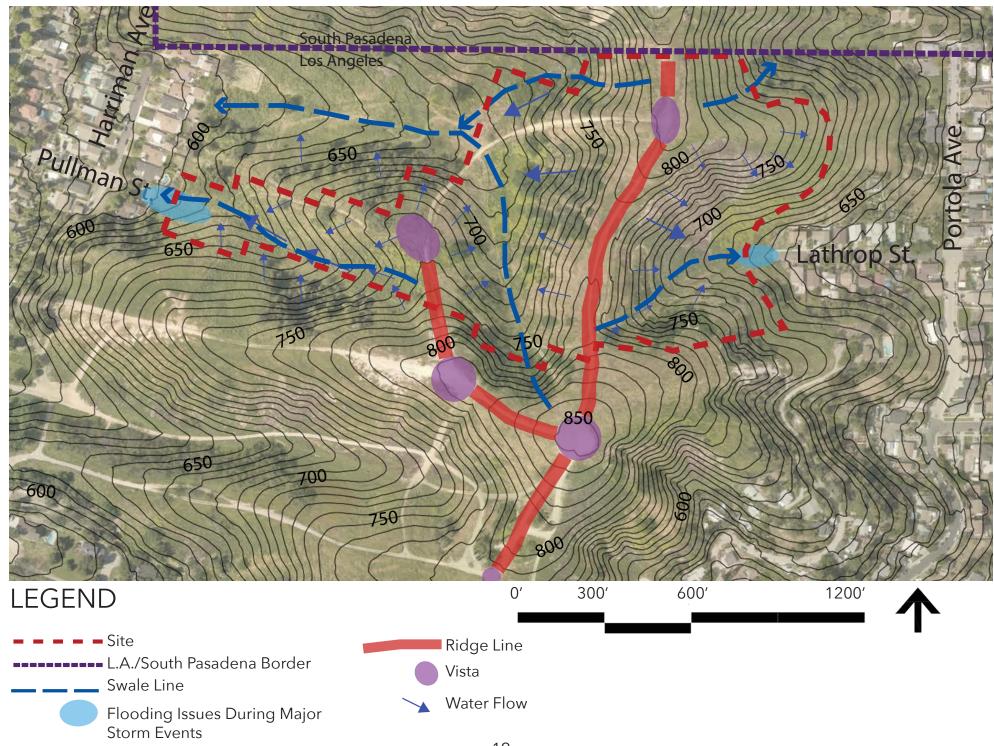
SITE ANALYSIS



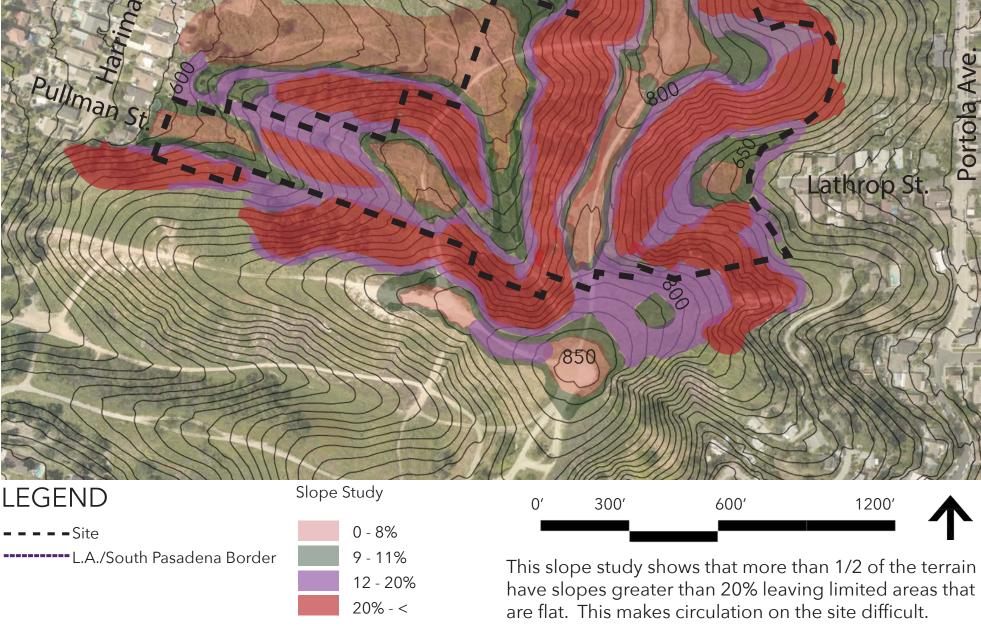
Existing Trees/Erosion/Invasive Plant Species

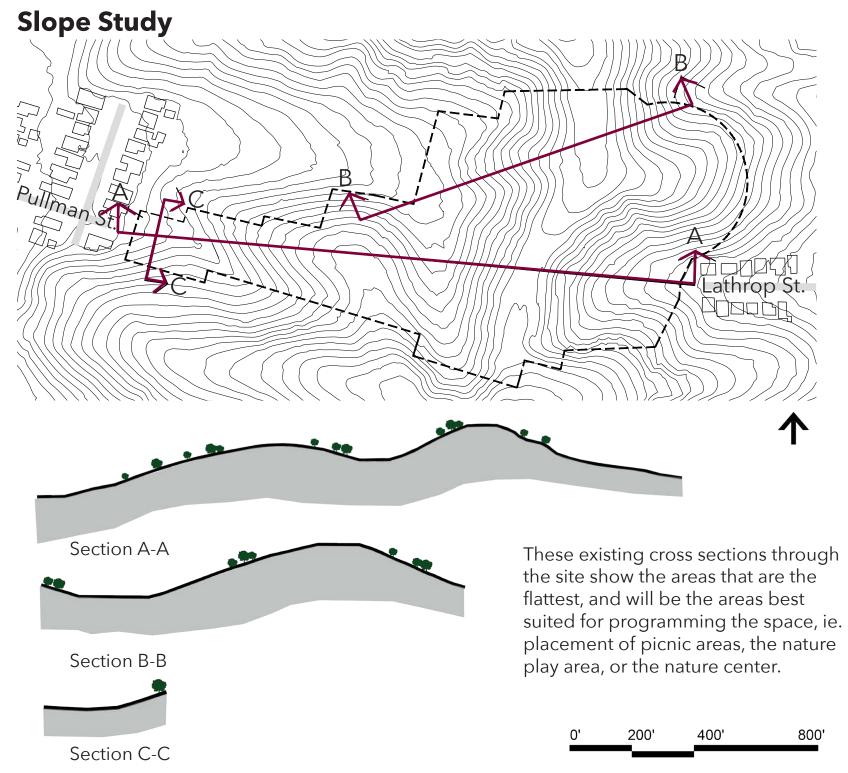


Water Flow



Slope Study Lathrop St. 850



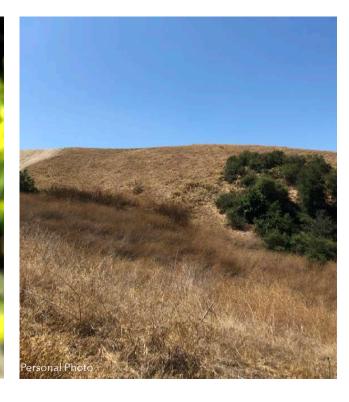


Major Constraint: Black Mustard (Brassica nigra)

- Invasive annual plant native to the middle east and southern Europe
- Common in Southern California and has become associated with coastal sage scrub.
- Flourishes in disturbed areas such as areas that have been cleared for fire management







- Fields of mustard transform native habitats into annual grasslands which increase the frequency of fires in chaparral and coastal sage scrub.
- A single plant can produce thousands of seeds. It is almost impossible to get rid of them.
- Fast growing, dry up quickly, and become fuel for fires.

Coastal Sage Scrub Restoration

- Vegetation type that is only found in southern California
- Home to over 400 native plant species, 150 bird species, and 100-200 butterfly species.
- Only 10-30% of the original Coastal Sage Scrub remains today.



White sage (Salvia apiana)

 This unique ecosystem consists of drought-tolerant and evergreen species and annual plants



Nerrowleaf Milkweed(Asclepias fascicularis)

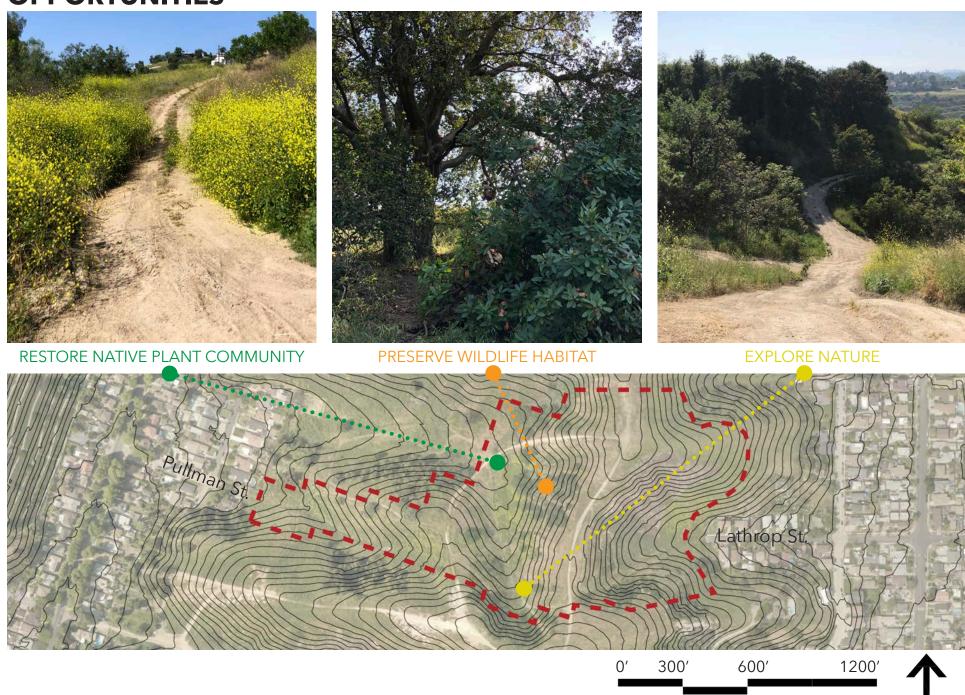
 Located in a biodiversity hot spot which means that a large number of plant and animal species live in a small area



Toyon (Heteromeles arbutifolia)

Currently, many efforts are being made to restore the habitat that has been lost to fire and development. This will help reduce fire frequency, erosion, and the invasion of non-native plants and provide connectivity between existing habitat fragments.

OPPORTUNITIES



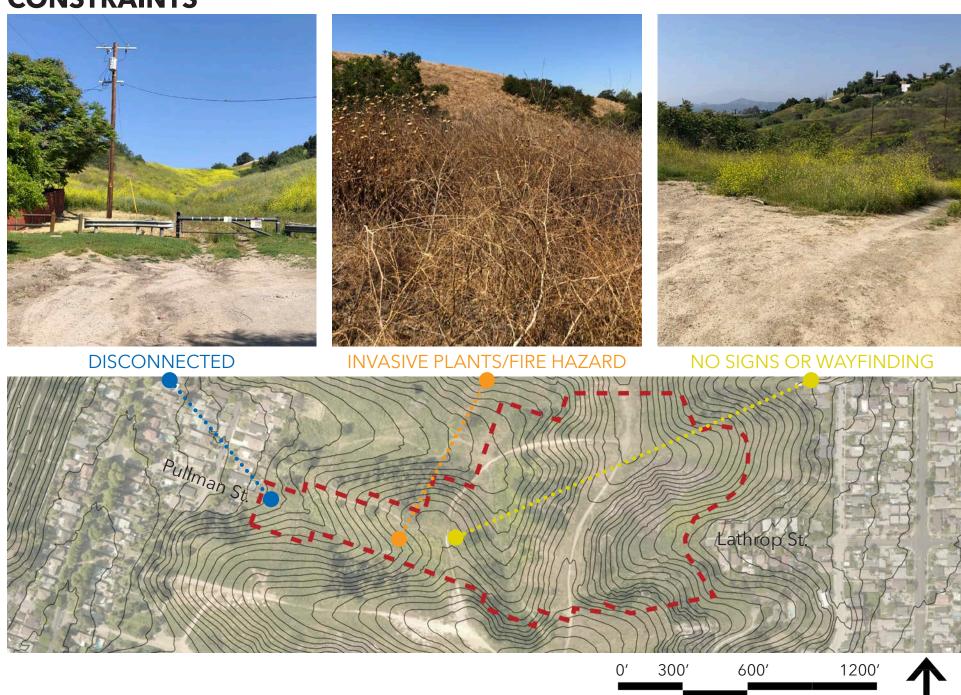
OPPORTUNITIES



CONSTRAINTS



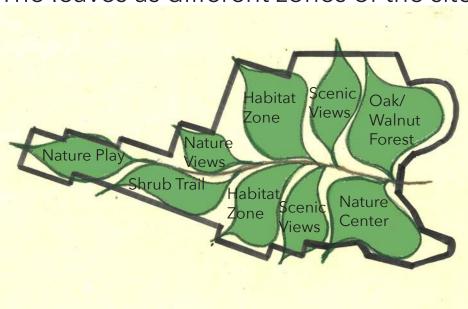
CONSTRAINTS



Design Metaphor - Walnut Tree



The leaves as different zones of the site



Shelter for Birds and Animals



Provide Food

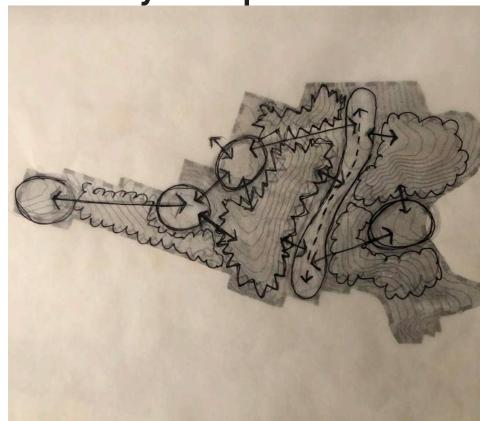


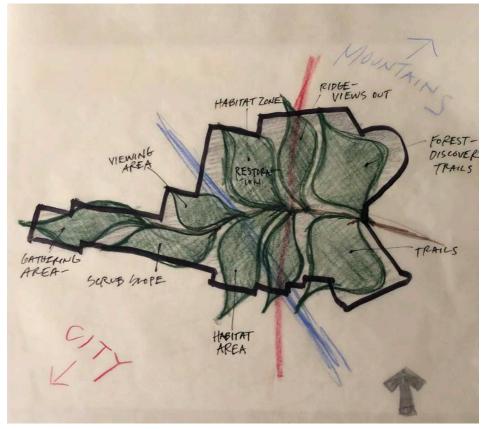
Stabilize Slopes

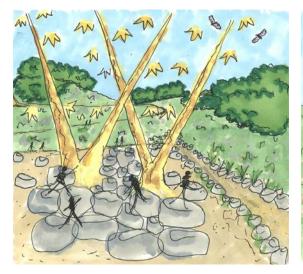


Re-Birth

Preliminary Concepts











CONCEPT PLAN 1



CONCEPT PLAN 2



CONCEPT PLAN 3 namiman Ave. **LEGEND** ►Trail 8'-12' Wide Bike Trail 12' Wide **Pros-** Seperate bike and walking Nature Center path. Easy access to the nature Nature Play center. Shaded Seating Area **Cons-** Minimal sitting areas. New Walnut/Oak Trees Restroom Picnic • 200' 400' 800' **Existing Trees**



Scenic Overlook

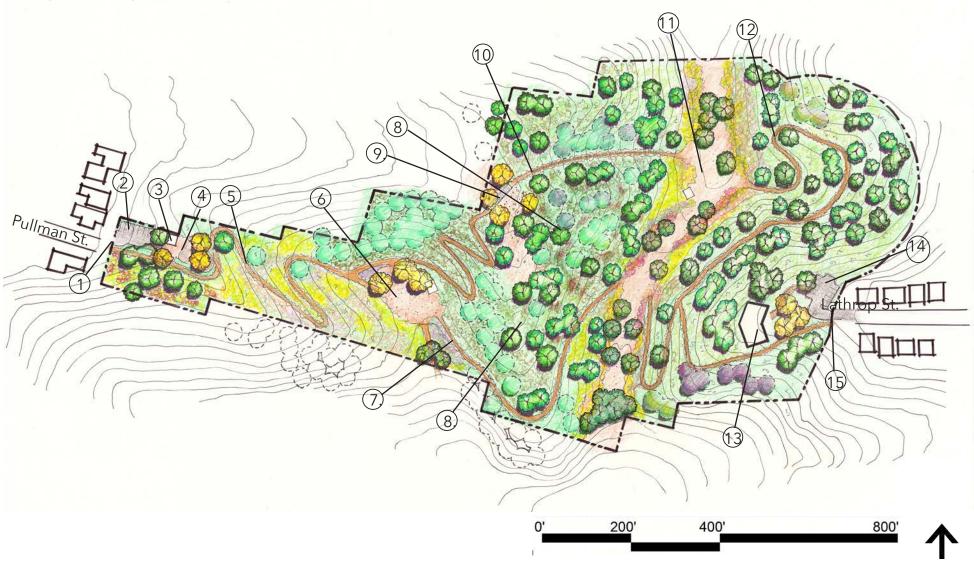
Stairs

CONCEPT PLAN 4



CONCEPT PLAN 5 raniman Ave. **LEGEND** ►Trail 8'-12' Wide Bike Trail 12' Wide Nature Center **Pros-** Seperate bike and jogging Nature Play paths. Easy access to Play area. Shaded Seating Area Cons- Nature center is half way up New Walnut/Oak Trees the hill. Easier to be vandalized. Restroom Picnic **Existing Trees** 400' 200' 800' Scenic Overlook Stairs **Boulders**

Illustrative Plan



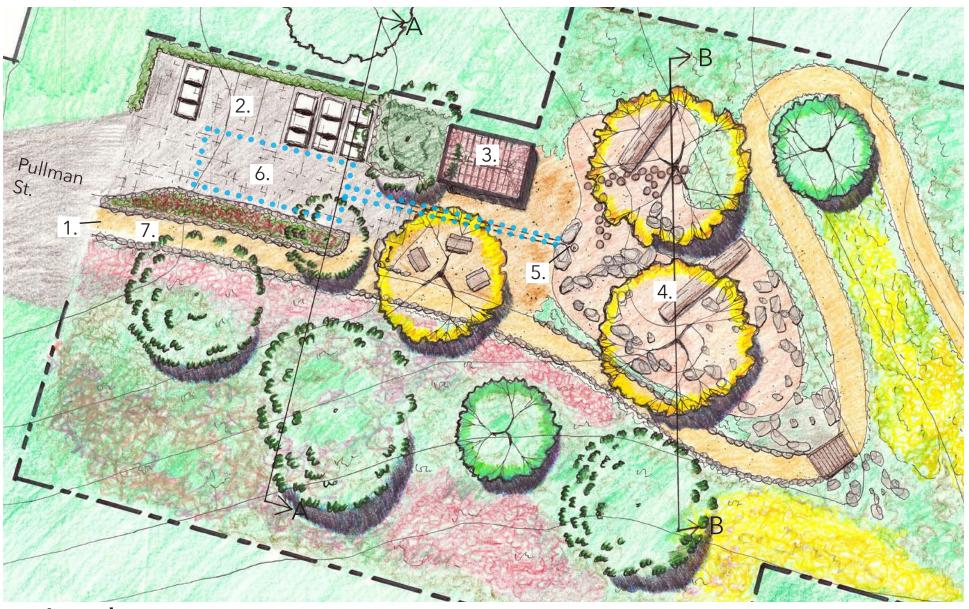
Legend

- (1) Pullman St. Entrance
- ② Parking Lot (permeable material)
- (3) Restrooms
- 4) Nature Play Area
- (5) California Shrub Trail

- 6 Wildlife Viewing/Picnic Area
- (7) Wildlife Trail
- (8) Preserved Wildlife Habitat Area
- (9) Crossroads Bridge
- (0) Stairway to Heaven

- (1) Scenic Overlook
- (12) Oak/Walnut Forest Trail
- (13) Nature Center
- 14 Parking Lot (permeable material)
- 15) Lathrop St. Entrance

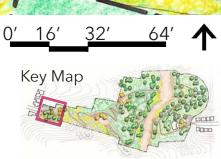
Enlargement: Pullman St. Entrance

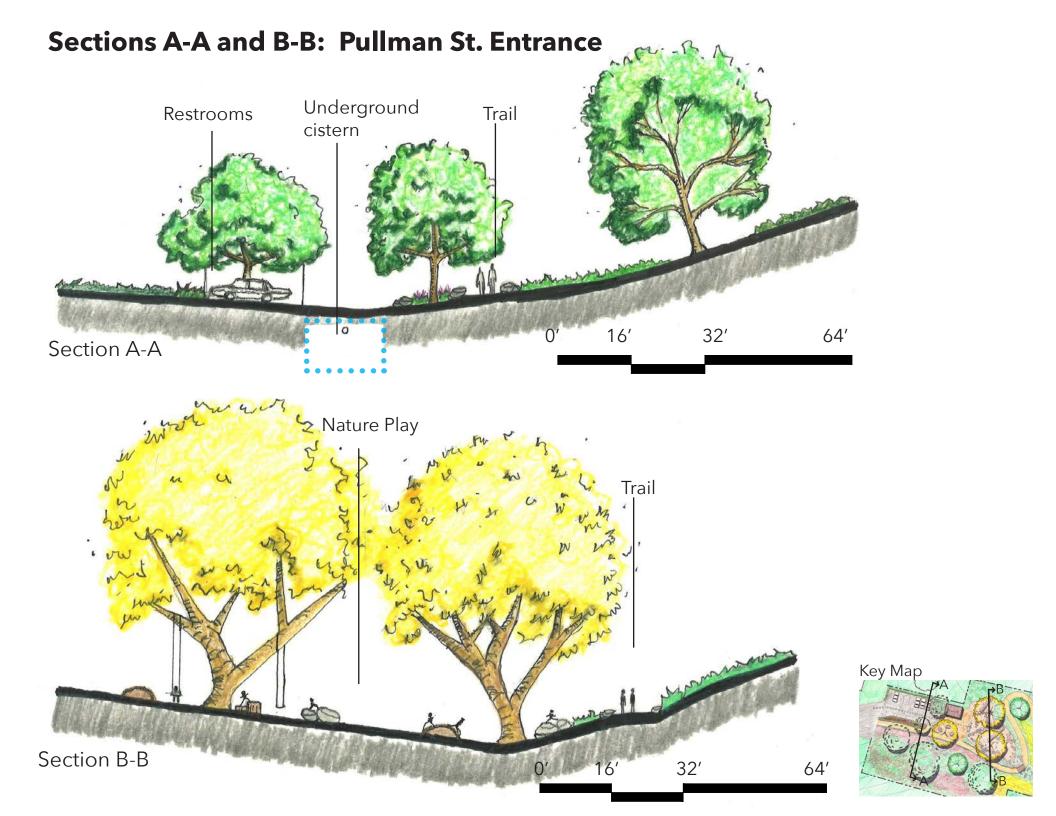


Legend

- 1. Entrance
- 2. Parking Lot (permeable material)
- 3. Restroom
- 4. Nature Play Area/Bioswale

- 5. Drainage inlet from bioswale to connect to underground cistern
- 6. Underground cistern
- 7. Decomposed granite path/trail





Perspective: Pullman St. Entrance

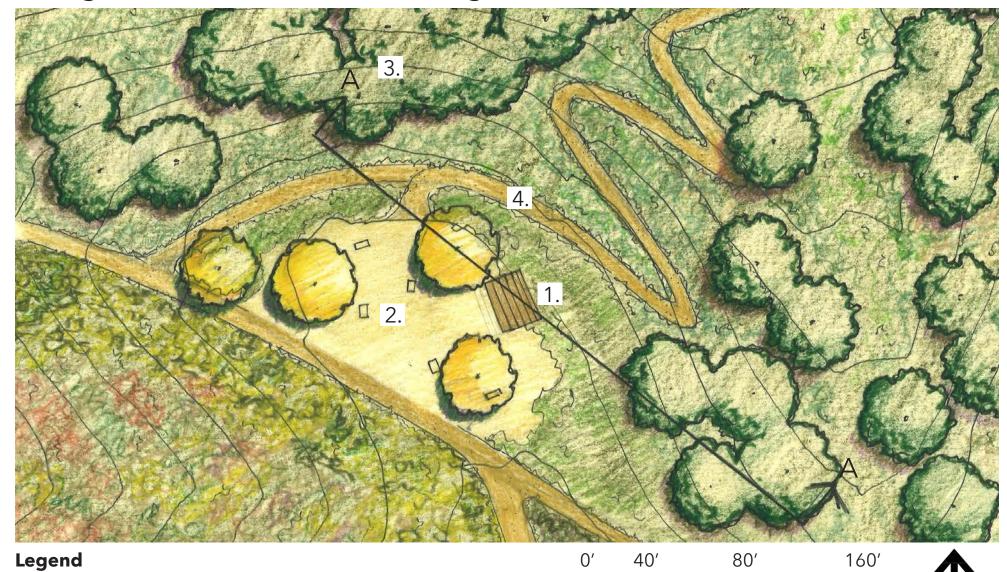


Nature Play/Bioswale Area and Trail

The nature play area is located at the main entrance on Pullman St. for easy access to parents and kids. The nature play area will also act as a bioswale in the wet months of the year and harvest storm water into an underground cistern below the parking lot. This water will be used to irrigate the plants and trees on site.

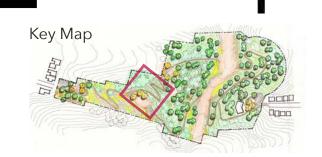


Enlargement: Picnic/Nature Viewing Deck

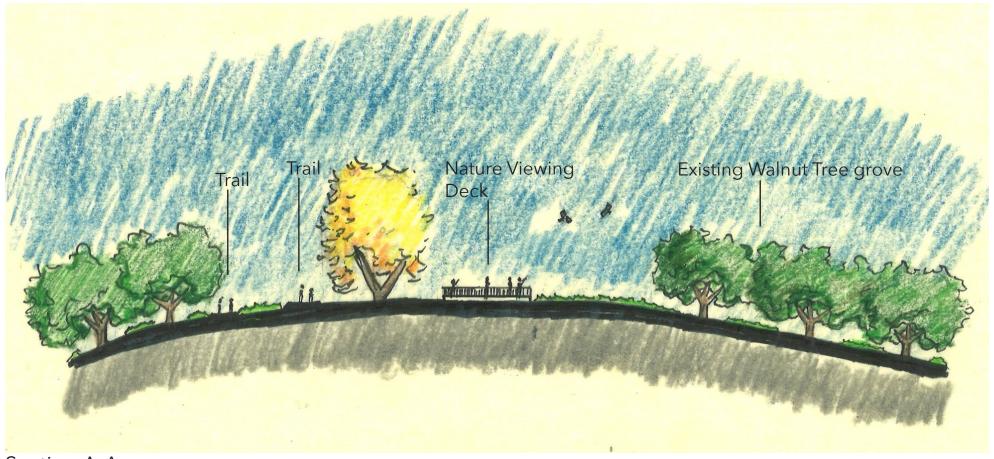


1. Bird watching and nature viewing deck

- 2. Picnic Area
- 3. Existing Walnut Tree grove
- 4. Trail down to bridge



Sections A-A



Section A-A



0' 40' 80' 160'





Perspective a:



a. Trails/Picnic/Education/Viewing Deck

Half way up the hill is a picnic/gathering area with California Sycamore shade trees. This area is a vista where four trails intersect. Educational signage provides insight into the surrounding wildlife and native plant landscape. The area presents the oppurtunitie to observe the birds and wildlife on a viewing deck that looks into the preserved wildlife habitat zone.



Key Map

Perspective b:

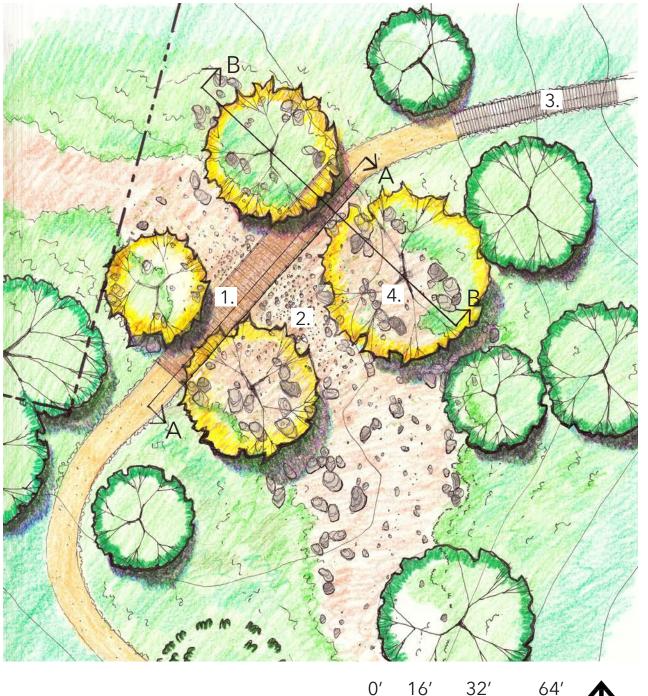


b. Nature Viewing Deck

People watching as Red-tailed Hawks fly overhead.



Enlargement: Bridge and Bioswale



Legend

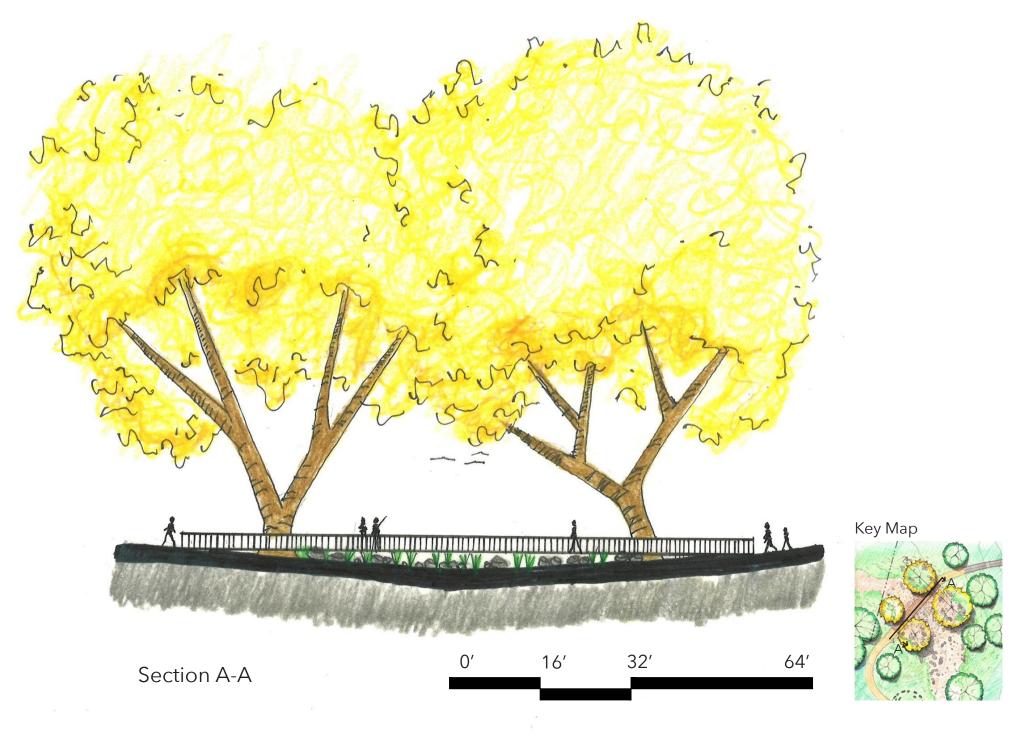
- 1. Bridge
- 2. Bio Swale
- 3. Stairs
- 4. *Platanus racemosa* (California Sycamore)



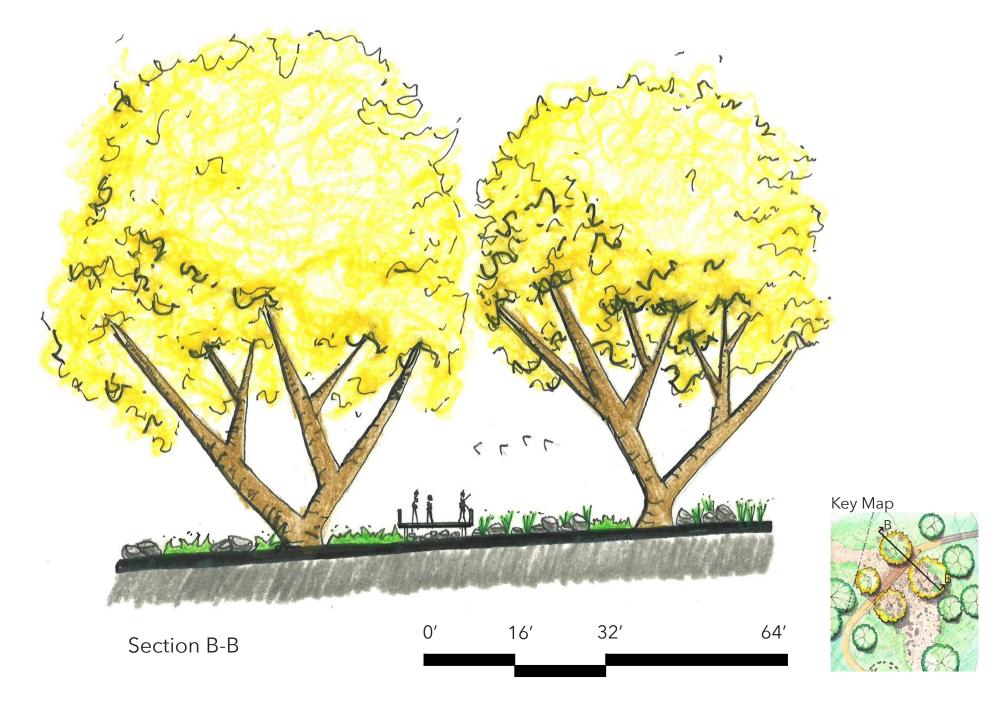
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Section A-A



Section B-B

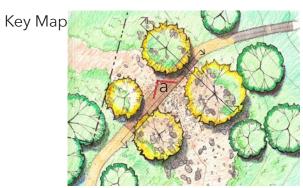


Perspective: Bridge

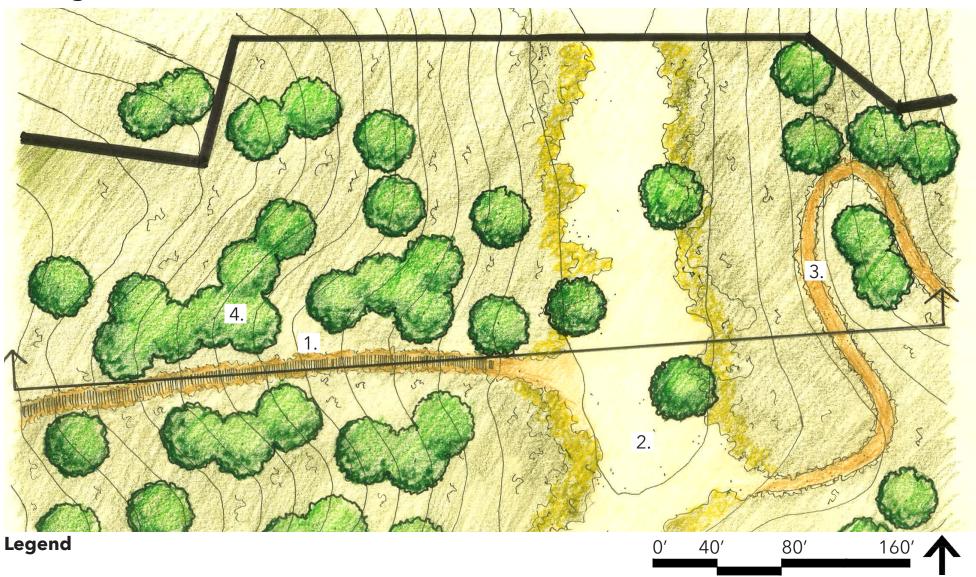


a. View from bridge into bioswale and wildlife habitat zone

A bioswale will slow down the flow of water as it makes its way down the hills. The bioswale will help create habitat for wildlife and recharge the ground water while also creating an esthetically pleasing landscape for people to enjoy.

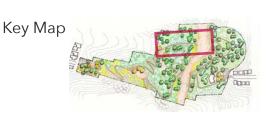


Enlargement: Grand Stairs

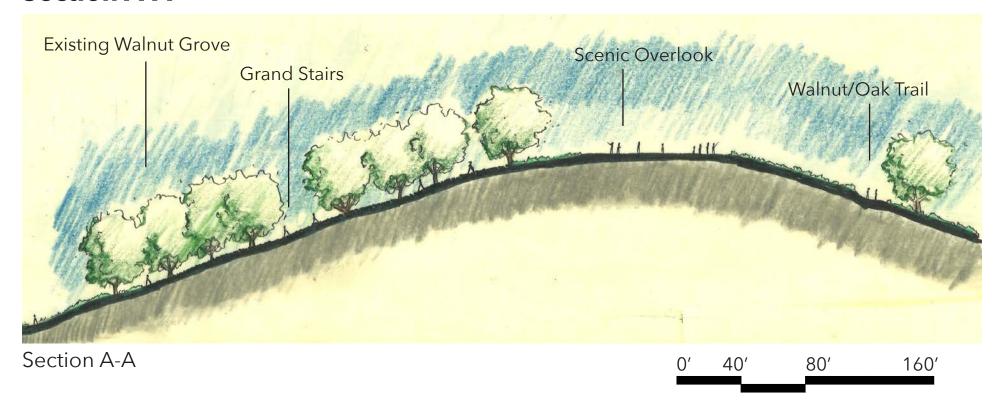


- 1. Grand Stairs
- 2. Scenic Overlook
- 3. Walnut/Oak trail
- 4. Existing Walnut Grove

Inspired by the stairs at The Baldwin Hills Scenic Overlook, one of the roads that has a fall-line oriantation has now been transformed into a grand stair taking people to the top of the hill.



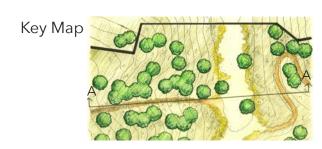
Section A-A



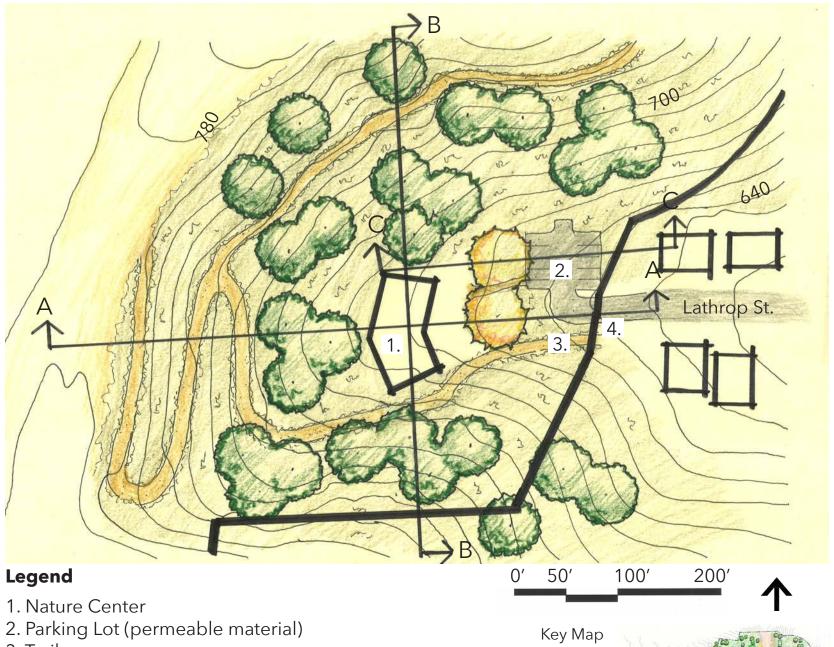


Baldwin Hills Scenic Overlook

Elephant hill has never been developed. Because of this, illegal offroading has become an ongoing disturbance, not only of the landscape, but for people that want to hike. The stairs will provide a great opportunity for excersise while at the same time preventing illegal off-roading.

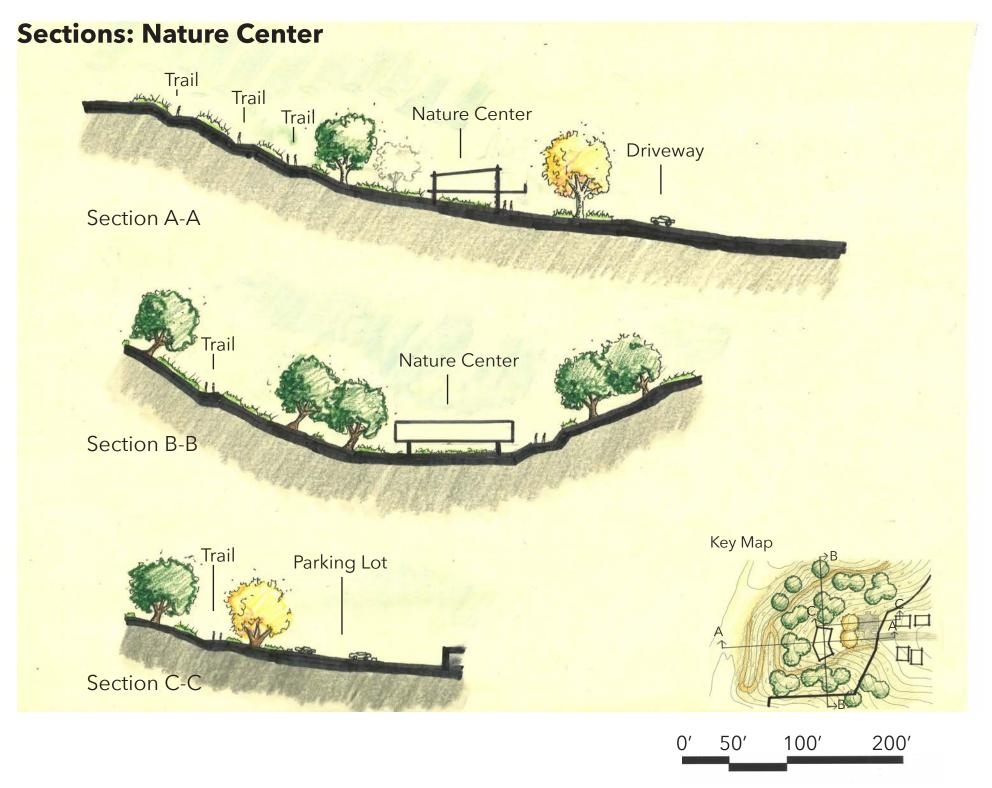


Enlargement: Entrance at Lathrop St. and Nature Center



- 3. Trail
- 4. Entrance



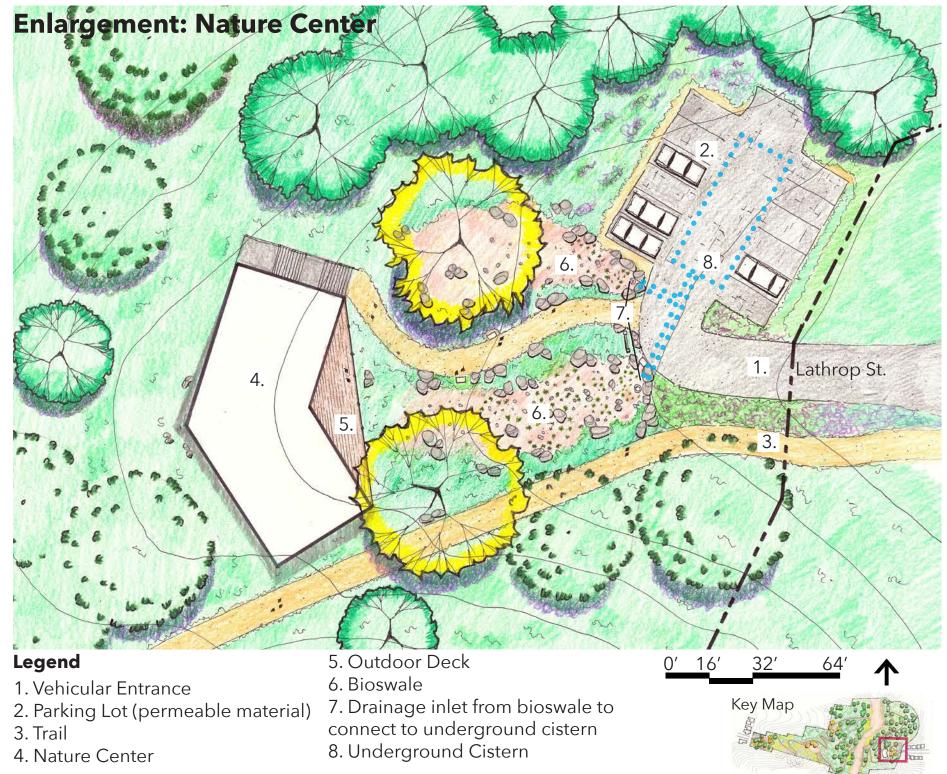




a. Nature Center/Trails/Parking Lot

Кеу Мар







a. Bioswale/Trails/Nature Center

The biswale will harvest stormwater into an underground cistern located below the parking lot. The water will be used to irrigate the plants and trees on site.



Conclusion



The design has given the site a sense of place and is now accessible with defined entrances and walkable trails. The use of native plants, with their branches, deep root structures, and leaf litter will help reduce the impact of rainfall on the surface and reduce erosion and fire risk in the park. Restoration with native plants will increase the biodiversity which is critical for keeping ecosystems healthy and balanced. Landscapes that are more diverse are more resilient to drought, disease, pests, pollution, and other factors. Native plants also provide food and shelter for local and migrating wildlife habitat.

The design includes passive recreation for visitors with a nature play area, picnic area, trails, and nature observation opportunities.

The design incorporates educational signage of the sites wildlife and restoration process and its importance to a more healthy and sustainable world. The nature center provides opportunities for education, connection, and volunteer activities for surrounding communities.

The site will increase its ability to clean and cool the air with approximately 200 new trees on site.

The park will save potable water by harvesting rain water into cisterns to irrigate new plants and trees on site.

The site encourages physical activity along the parks new trails and grand stair which lead to improved health and wellbeing.

Plant Palette Hot and South Facing Slopes





Artemisia californica California Sagebrush



Baccharis pilularis Coyote Brush







Salvia apiana White Sage



Encelia californica Coast Sunflower



Epilobium canum California Fuchsia



Malosma laurina Laurel Sumac



Lotus scoparius Deerweed



Salvia mellifera Black Sage



Asclepias fascicularis Narrowleaf Milkweed



Prunus ilicifolia Holly-Leafed Cherry



Romneya coulteri Matilija Poppy



Eschscholzia californica California Poppy



Salvia clevelandii Blue Sage



Monardella antonina **Butterfly Mint Bush**



Ehrendorferia chrysantha Ear Drops



Southern California



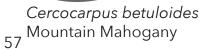


Lupinus concinnus Elegant Lupine



Platanus racemosa California Sycamore





Plant Palette Habitat Restoration Zone: Includes North/East Facing Slopes



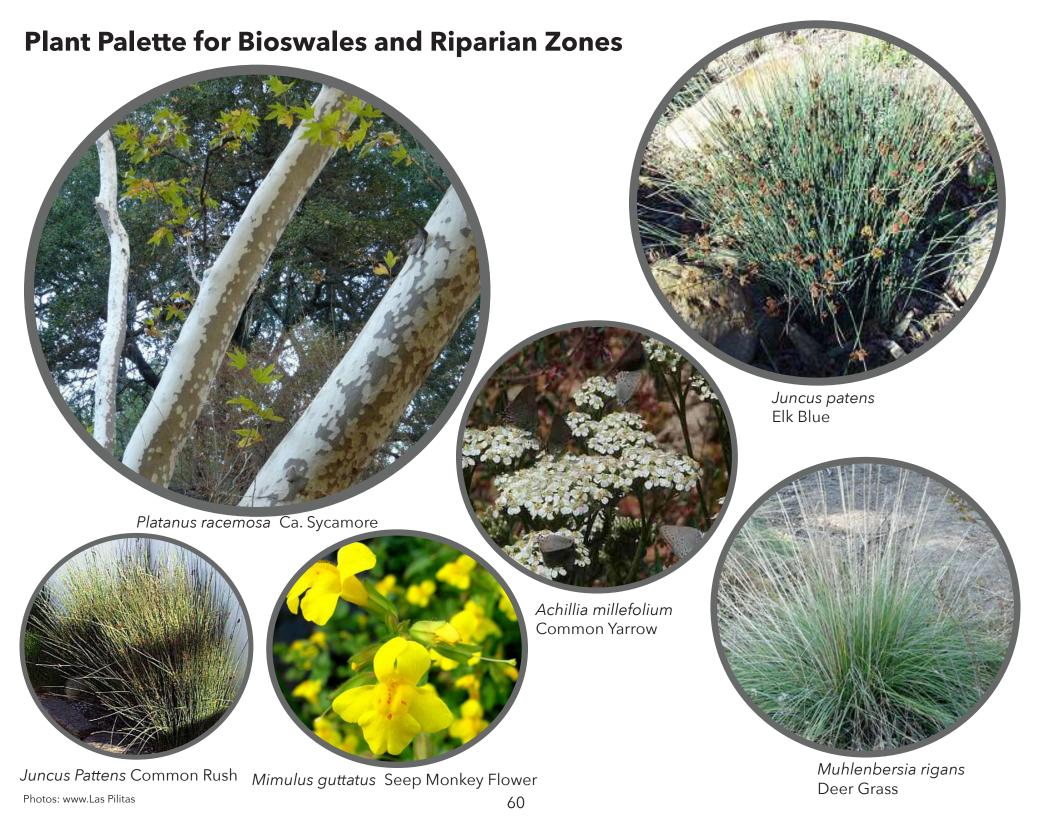
Southern California Black Walnut Photos: www.Las Pilitas

Lemonade Berry

Mexican Elderberry



Photos: www.Las Pilitas 59



Wildlife



Mourning dove



Anna's hummingbird



Nuttall's woodpecker



Acmon blue



Red-tailed hawk



Desert cottontail



Botta's pocket gopher



Coyote



Cabbage Butterfly



Southern alligator lizard

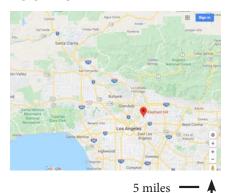


Western screech owl 61



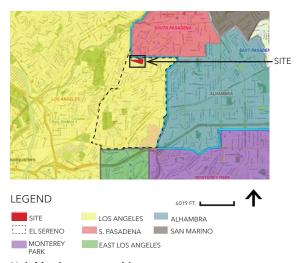
Marine Blue Butterfly

LOCATION:



Elephant Hill is located 7 miles Northeast of downtown Los Angeles in the 4.1 square mile community of El Sereno.

VICINITY MAP:



Neighboring communities:

Alhambra, Boyle Heights, East Los Angeles, Lincoln Heights, Montecito Heights, Monterey Park and South Pasadena. Council District 14 (Los Angeles)

STATEMENT:

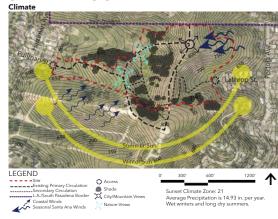
This project will transform Elephant Hill, an underdeveloped and neglected natural area, into a passive recreational park through the use of landscape architectural and restoration principles. The proposed park will provide opportunities for connection and recreation and will also re-establish a more native landscape that will reduce erosion and fire risk and provide wildlife habitat.

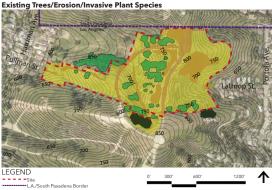


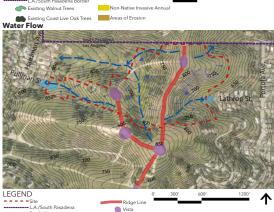
GOALS AND OBJECTIVES:

- 1. Create a Passive Regional Open Space that is **safe** and **accessible**.
- Develop **trails** on Elephant Hill in order to make the site walkable and accessible.
- Develop a park environment that people feel **safe** to be in by providing wayfinding devices and **signage**, informing visitors of the site, it's history, and the importance of its wildlife community.
- 2. **Restore** and **preserve** Elephant Hill, one of the last and largest natural areas in northeast Los Angeles.
- Restoring and enhancing sustainable plant communities on the site such as coastal sage scrub and walnut woodland in order to keep intact the wild **nature** people can enjoy and experience.
- 3. To create a **sustainable** environment that connects people to the natural world.
- Provide education and recreation for the people in the surrounding communities while also incorporating protection and preservation of wildlife habitat

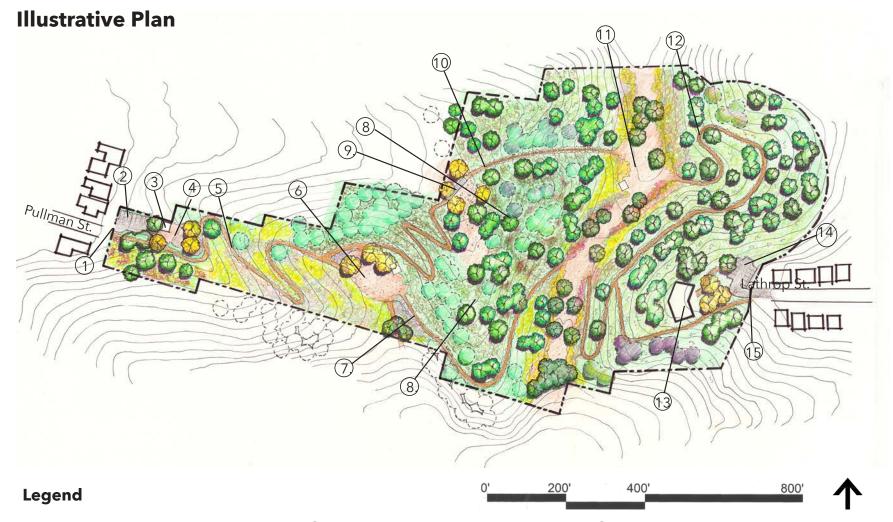
SITE ANALYSIS:







Flooding Issues During Majo

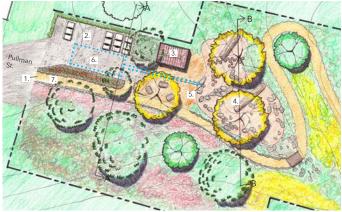


- 1) Pullman St. Entrance
- 2 Parking Lot (permeable material)
- (3) Restrooms
- 4) Nature Play Area
- (5) California Shrub Trail

- 6 Wildlife Viewing/Picnic Area
- (7) Wildlife Trail
- 8 Preserved Wildlife Habitat Area
- (9) Crossroads Bridge
- (0) Stairway to Heaven

- (11) Scenic Overlook
- (12) Oak/Walnut Forest Trail
- 13 Nature Center
- (14) Parking Lot (permeable material)
- (15) Lathrop St. Entrance

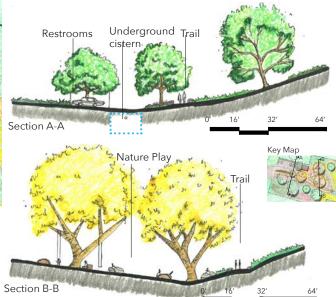
Enlargement: Pullman St. Entrance



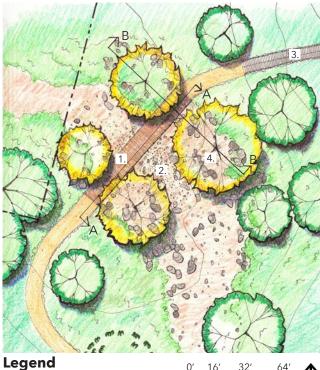
Legend 1. Entrance 5. Drainage inlet from bioswale to connect to 2. Parking Lot (permeable material) underground cistern 3. Restroom 6. Underground cistern

7. Decomposed granite path/trail

Sections A-A and B-B: Pullman St. Entrance



Enlargement: Bridge and Bioswale



Perspective: Pullman St. Entrance

4. Nature Play Area/

Bio swale



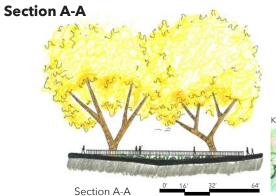
1. Bridge

2. Bio Swale

3. Stairs

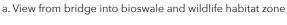
4. Platanus racemosa (California Sycamore)











Perspective b: Biowsale/Nature Center



Enlargement: Nature Center



- 2. Parking Lot (permeable material) 6. Bioswale
- 3. Trail
- 4. Nature Center

- 7. Drainage inlet from bioswale to connect to underground cistern
- 8. Cistern





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